

COMPUTER TRAINING

Goodwill Industries Computer Skills Training - is designed to supply individuals with marketable computer skills necessary in today's workplace. The courses are geared toward new users or those who simply want to upgrade their computer skills. Training is ideal for those working in a business environment that requires computer software knowledge. Class is interactive and uses worksheets, PowerPoint presentations, and a manual to cover topics that include Microsoft Windows XP, Microsoft Word, Excel and PowerPoint, as well as Internet and Email basics. **Computer classes also available in Spanish at selected sites.**

COMPUTER CLASS DESCRIPTIONS

Computer Fundamentals Windows XP

Covers the fundamentals of computer usage, including interpreting computer terms, customizing the desktop, using shortcuts, mouse "right-clicking", and the Internet. **A workbook is included.** No pre-requisites required. **Cost: \$105.00.**

Microsoft Word

Includes tools to use text editing, creating tables, graphics, formatting pages, and proofing documents. **A workbook is included.** *Pre-requisite: Computer Fundamentals or equivalent experience.* **Cost: \$105.00**

Microsoft Excel

Focuses on entering data in a worksheet, formatting spreadsheets, creating formulas, and converting spreadsheet data into charts. **A workbook is included.** *Pre-requisite: Working knowledge of Microsoft Word, or equivalent experience.* **Cost: \$105.00**

Microsoft PowerPoint

Covers the basics of creating a presentation with PowerPoint. Make on-screen presentations stand out with graphics and special effects. **A workbook is included.** *Pre-requisite: Working knowledge of Computer Fundamentals.* **Cost: \$85.00**

Keyboarding

Uses a comprehensive software program in class, to cover all of the basic techniques needed to keyboard successfully. No book necessary. *No pre-requisites required.* **Cost: \$85.00.**

Electronic Communication

Introduces the essential skills for communicating in the Technology Age. Includes navigating the internet, opening an e-mail account, managing your mailbox, mail composition, replying, and attaching file. **Cost: 35.00**

CAREER TRAINING

Goodwill Industries Career Training - is designed to provide individuals with marketable and necessary tools to gain and maintain employment. These classes are intended to provide job seekers with skills to aid in the search for employment and tools to help with job retention and advancement. Classes are interactive with PowerPoint presentations and handouts for future reference.

CAREER WORKSHOP DESCRIPTIONS

Career Management Skills Modules

Employers have identified the following "career management skills" as basic traits desired in job candidates: strong work ethic; positive attitude; independence and initiative; and self-presentation. The Career Management Skills Training Modules are designed to help today's workforce develop these desired qualities. The modules are to be taught independently of each other.

Module 1 - Career Skills

Participants will conduct self-assessments to identify interests, aptitudes, and skills sets to aid in developing and implementing a career path.

Module 2 - Interpersonal Skills

Participants will improve their ability to build successful relationships within a business environment by communicating respect for others and reducing conflict

Module 3 - Work Ethics

Participants will understand and appreciate the importance of work ethic and personal control in the work environment.

Module 4 - Communication

Participants will learn, understand, and practice effective communication skills for the workplace.

Re-Entry Workshop

Designed specifically for ex-offenders trying to re-enter the work world. Topics covered include explaining your criminal record, common interviewing mistakes, and ways to keep employment.

Money Management

Covers indispensable money management skills including debt elimination techniques basic banking budgeting, retirement saving and simple investing.

GOODWILL TEMPORARY SERVICES

Goodwill Staffing Solutions (GSS) An in-house agency dedicated to opening doors for individuals through temp and temp-to-perm job placements. Register at any Goodwill Community Employment Center. Ask to see our current postings

All classes are subject to change based on enrollment. To register for classes, or for information please contact the Employment Center nearest you

Brookhill
5270 Chamberlayne Road
Richmond, VA 23227
(804) 261-0091

**Virginia Workforce Center at
F.I.R.S.T Contractors, Inc.**
2300 N. Lombardy Street
Richmond, VA 23220
(804) 321-5690

Mechanicsville
7147 Brandy Run Drive
Mechanicsville, VA 23111
(804) 417-6721

Richmond
6301 Midlothian Turnpike
Richmond, VA 23225
(804) 745-6300

Petersburg
65 Crater Circle
Petersburg, VA 23805
(804) 451-1773

Portsmouth
313 High Street
Portsmouth, VA 23704
(757) 499-3824

Center Hours

Monday - Thursday
9:00 AM – 4:00 PM
Friday
9:00 – 1:30 PM

Calendar subject to change
without notice

**MECHANICSVILLE
EMPLOYMENT CENTER
JULY 2009**

Contact Information

7147 Brandy Run Drive
Mechanicsville, VA 23111
Phone: (804) 417-6721
Fax: (804) 559-1798
employmentcenter@goodwillcva.org
www.goodwillcva.org



Our business is changing

Have a group of five
or more?

We can customize classes
just for you.

CALL for special
pricing & scheduling.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3  Closed in observance 4 th of July
6	7	8 Money Matters Series (see details in right column) 10 am - 12 noon	9  10 am - 11 am Learn why you should work there & what they look for in applicants	10 NOW  9:00 - 1:00
13	14 Ex-Offender? You can Get Hired! Inspiring Workshop 9 am – 12 noon	15 Money Matters Series 10 am - 12 noon ***** Earn while U Learn = Apprenticeships 2 pm – 3 pm	16	17 Office is closed Staff Development
20	21 Resume Reviews Let us help. Make an appointment 1 pm – 3:30 pm	22 Money Matters Series (see details in right column) 10 am - 12 noon	23  1 pm – 2 pm They'll discuss hiring process, job openings & career paths	24 NOW  9:00 - 1:00
27	28	29 Money Matters Series (see details in right column) 10 am - 12 noon	30	31 NOW  9:00 - 1:00

New Money Matters Series

- Bank on it
- Borrowing Basics
- To Your Credit
- Save Your Money
- Loan to Own

Free series: Wednesdays,
July 8, 15, 22 & 29
10 am - 12 noon

Goodwill Community Employment Centers are operated by Goodwill Industries, Inc. an equal opportunity program/employers (EOE). Auxiliary aids and services are available upon request to individuals with disabilities. Goodwill CEC is accessible to persons with disabilities.

EMPLOYMENT CENTER SERVICES

JOB LEADS

Current and Relevant Job leads

CAREER PLANNING

Assessment tools, Case management

TRAINING

Employment, Computer & Vocational
Training

EX-OFFENDER OUTREACH

ELECTRONIC SERVICES

Copy, Fax, Internet, Email, Voice Mail

and much more!